

Coordinator Catch-ups: Local responses to Covid-19

10:00 - 11:30 every Wednesday

Agenda

- **Welcome and programme updates**
- **A Scottish perspective on responding to Covid-19: Irina Martin, Nourish**
- **School food caterers serving the community during Covid-19: Morven Oliver-Larkin, Sustain**
- **Local case study: Khin Tye, Made in Hackney**
- **What should we cover in next week's catch up?**





Dignity in Practice:

*Developing a Dignity Framework in
Community Food Provision*

May 2020

@nourishscotland @PTCScotland #DignityinPractice



Background and context - Video

Dignity informing the response to food insecurity in Scotland

Dignity in Practice - Nourish Scotland and the Poverty Truth
Commission



Dignity Principles in Practice

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Community food initiatives can put dignity at the heart of their projects by supporting everyone taking part to feel:

A sense of control

Having power to make choices about what, where, when, how and with whom you eat.

Able to take part in community life

Feeling able and welcome to take part in different aspects of community life, regardless of your financial situation.

Nourished and supported

Being able to enjoy food and access support that meets your needs.

Involved in decision-making

Feeling able to share your views and ideas and to have those views taken seriously in decision-making.

Valued and able to contribute

Feeling recognised and valued as a whole person with knowledge, skills and experiences to share.


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Dignity in Practice Project





+ COVID 19 – Dignity in Practice
and how we adapted to the new
challenge, making sure Dignity
is at the heart.

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Dignity in Practice Project in response to coronavirus

- Found a new way to continue supporting, communicating and sharing good practice with our volunteers and peer network organisations
- Adaptation of Dignity Principles in COVID-19
- Blogs as ways to communicate concerns and share good practices
- Become involved in a new campaign to end food banks emerging from grassroots organisations.

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Dignity Principles in Practice – adapted in COVID-19 emergency:

A sense of control

Direct people to cash-first and information about accessing financial entitlements, be mindful of people's dietary requirements.

Able to take part in community life

Be creative about ways to keep connected, ask people about the best ways to get in touch with them.

Nourished and supported

Support people to access a wide variety of healthy foods that will keep them well, find out and share best ways for someone to access financial advice and support when they need.

Involved in decision-making

Establish methods of regular feedback, involve volunteers in designing and delivering the service in a new way, create new ways of communication.

Valued and able to contribute

Be mindful of the many different skills and experiences that people can offer, even under new circumstances.

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Dignity means feeling nourished and supported

Worrying about having enough food to eat – or having to make compromises in the variety and quality of food you can access – can wear away at a person's mental and physical health.

We Recommend:

Finding and sharing the best way for someone to access financial advice and support. Citizens Advice Scotland offers information on money, debt and benefits



Dignity means feeling able to take part in community life

Although sharing and preparing food together in the community has been put on hold, the social value of food remains important. Now is the time to be creative about what community looks like.

We Recommend:

Asking people about the best way to get in touch with them. Letters, text, email, phone are all safe options.



Dignity means feeling a sense of control

Choice about where and with whom people eat has become very restricted, and we know that being stripped of agency and control can wear away at a person's sense of dignity and wellbeing.

We Recommend:

Prioritising choice and control in the design of food support programmes, including through cash grants to purchase food directly.



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Dignity in Practice Project – what is next

Emergency Food
Provision:

Dignity During Covid-19
Online Workshop



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Dignity in Practice Project in response to coronavirus

Join us in this online workshop to:

- hear about good practice examples in Scotland
- learn practical tips and strategies
- reflect on your own work
- continue co-constructing an understanding of how dignity can be put in practice during this crisis.

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Questions

@nourishscotland #DignityInPractice

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THE
Poverty Truth
Commission



Thanks!

Please join us again next Wednesday – same time and place.

Let us know what you'd like to hear more about or share the work you're doing.

Email maddie@sustainweb.org or sofia@sustainweb.org

