

Coordinator Catch-ups: Local responses to Covid-19

10:00 - 11:30 every Wednesday

Agenda

- **Welcome and programme updates**
- **Building it back better: Changing narratives and opportunities for food resilience during and post-outbreak: Anna Cura, Food Ethics Council**
- **Local partnership in action: Pearl Costello, Food Cardiff**
- **Case study of Our Kitchen on the Isle of Thanet, from Sharon Goodyer**
- **AOBs**



Cardiff Food Response



Pearl Costello
Sustainable Food Cities Co-ordinator
Food Cardiff

Cardiff Food Response



*Stage 1: Immediate response
to the crisis*

*Stage 2: Public facing
response*

*Stage 3: Building for the
future*

What is Food Cardiff?

- Hub for connecting people and projects working to promote healthy, sustainable and ethical food
- Catalyst for changing the local food system in Cardiff
- Voice for wider change



What is Food Cardiff?

- Food Cardiff is hosted by the Cardiff & Vale University Health Charity alongside Food Sense Wales
- Co-ordinator post co-hosted by Cardiff & Vale Local Public Health Team and Cardiff Council



Stage 1: Immediate Response



While we work out how our local food partnership can best help the city-wide response to [#COVID-19](#), we'll share all the local actions that we see in the thread below.

DM or tag us @fairfoodcardiff



CRSC and 9 others

Stage 1: Immediate Response

Briefing Note for Local Authority with two core recommendations:

- Set up a food response task group involving key departments to ensure joined-up approach
- Provide at least one full-time member of staff to lead the Council's role in the food response

3 additional recommendations:

- Utilise facilities to produce and deliver food
- Provide quality advice to the public
- Maximise use of land for food growing



Stage 1: Immediate Response

- Covid-19 Food Response Task Group
 - Food Cardiff, Cardiff Council, Cardiff & Vale University Health Board Dietetics, Cardiff Foodbank, Fareshare Cymru, Cardiff Third Sector Council
- Meeting weekly and developing a picture of all the different elements



Working Slides



People who need food

- Children normally receiving FSM
- People self-isolating and 'shielded' vulnerable people – limited/no funds for food
- People self-isolating and 'shielded' vulnerable people – can pay for food
- NHS staff & key workers unable to access supermarket
- Others – limited/no funds for food
- Others – can pay for food

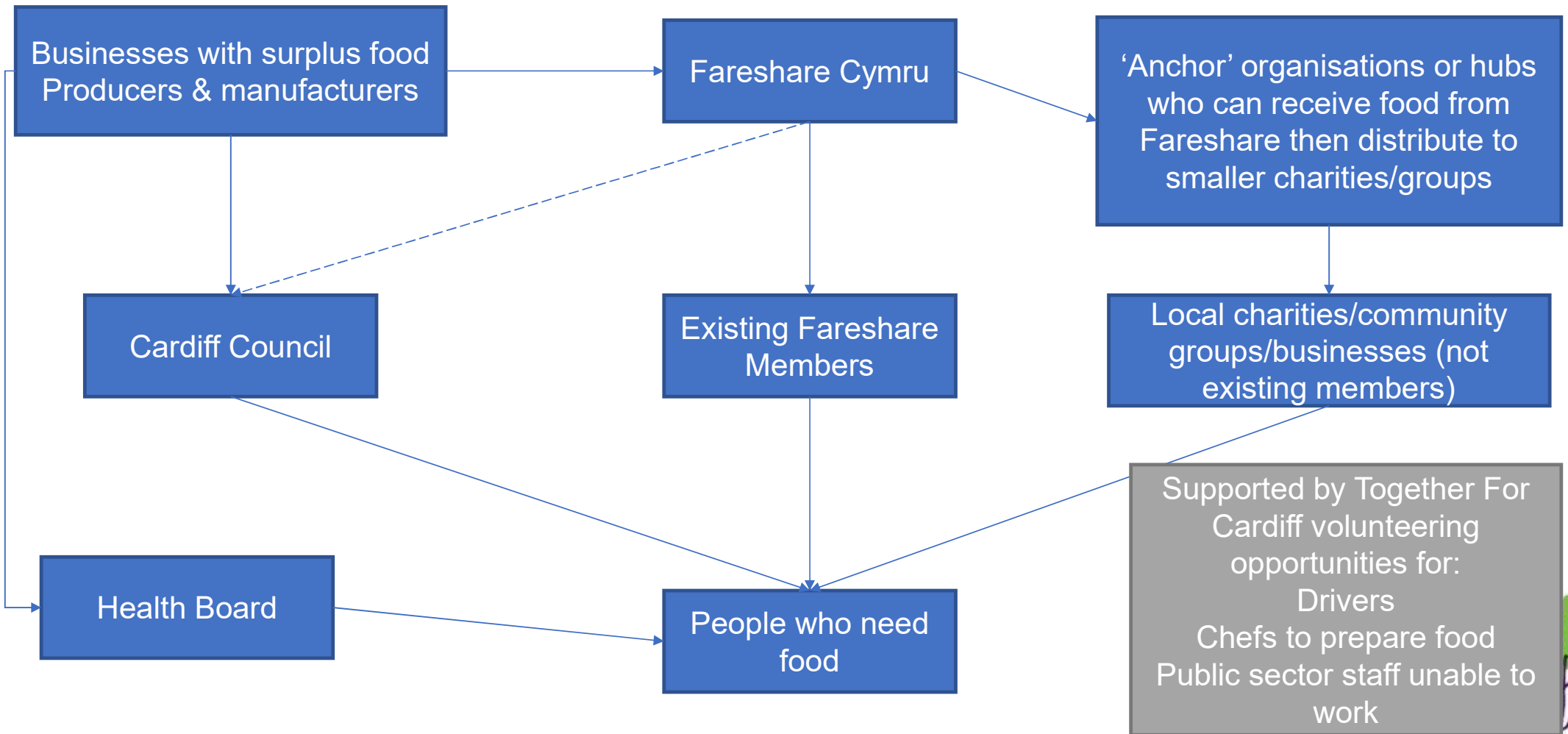
Resources/Infrastructure

- Chefs/hospitality staff
- Growers & producers
- Manufacturers & processors
- Vans & delivery drivers
- Sanitiser, hygiene supplies
- Staff with no work, furloughed etc.
- Community organisations/charities giving food
- Takeaway businesses & restaurants who've converted to takeaway
- Mutual Aid Groups
- Together for Cardiff Volunteering website
- Surplus food
- Fareshare Cymru
- Apps like Fareshare Go, Olio
- School hubs for FSM pick ups and settings for Key Worker Provision
- Four Council Hubs



Group	What's Available Now	Other Recommendations
Children normally receiving FSM	Grab-bags from schools	National food aid co-ordination mechanism Cash in parents' bank accounts
People self-isolating and 'shielded' vulnerable people – limited/no funds for food	Cardiff Council providing food parcels, being delivered by volunteers Local schemes e.g. Dusty Forge pantry delivery service	National food aid co-ordination mechanism
People self-isolating and 'shielded' vulnerable people – can pay for food	Cardiff Council Meals on Wheels Local business takeaway/ready meal options Online retailers Requesting support from Mutual-Aid Groups	Supermarkets prioritise these groups for online deliveries
NHS staff & key workers (who may be unable to access supermarket)	Local businesses delivering/donating food to people on shift On-site outlets open	Co-ordinate deliveries on-site through Health Charity Central collection point for groceries for staff
Others – limited/no funds for food	Foodbank parcels available from 4 Council Hubs Local schemes e.g. Dusty Forge pantry delivery service	National food aid co-ordination mechanism
Others – can pay for food	Supermarkets, online retailers etc. as normal	Support for producers increase production and get food to market
General	Olio & other food sharing apps to share in community and prevent waste	Support to cook and grow nutritious food at home e.g. online recipes, seed packs

Possible Food Distribution mechanism





Working Slides

Cardiff Council Food Parcels



- Advice Line – Maximising Income first
- Set up food distribution warehouse – over 4,500 people provided with food parcels
- Working with food response group to improve service e.g. dietitians advising on substitutions for BAME communities + specific dietary requirements. Helping connect households to other 3rd sector services (and helping fund these) where needed



Free School Meals

12,500 Grab Bags



Supermarket Vouchers



Bank Transfer



Wild Thing Cafe



- Attends Food Poverty Working Group
- Delivering hot meals and food packages through agencies and people who self-refer
- Used the network and response group knowledge to ensure no duplication

Stage 2: Public Facing Response

Home

Covid-19 Response

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Programmes

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*Updates for
food businesses*



*Accessing
food*



*Cooking
at home*



*Grow your
own food*

COVID-19 – Support the Response

There is something that all businesses and individuals can do to help – whether it's sharing positive stories, donating food, growing at home or reducing food waste.

Click here to find out how you can support the response

Follow [#GoodFoodCardiff](#) for tips and inspiration, and please use the hashtag to share your own positive stories.

Tweets by [@goodfoodcardiff](#)



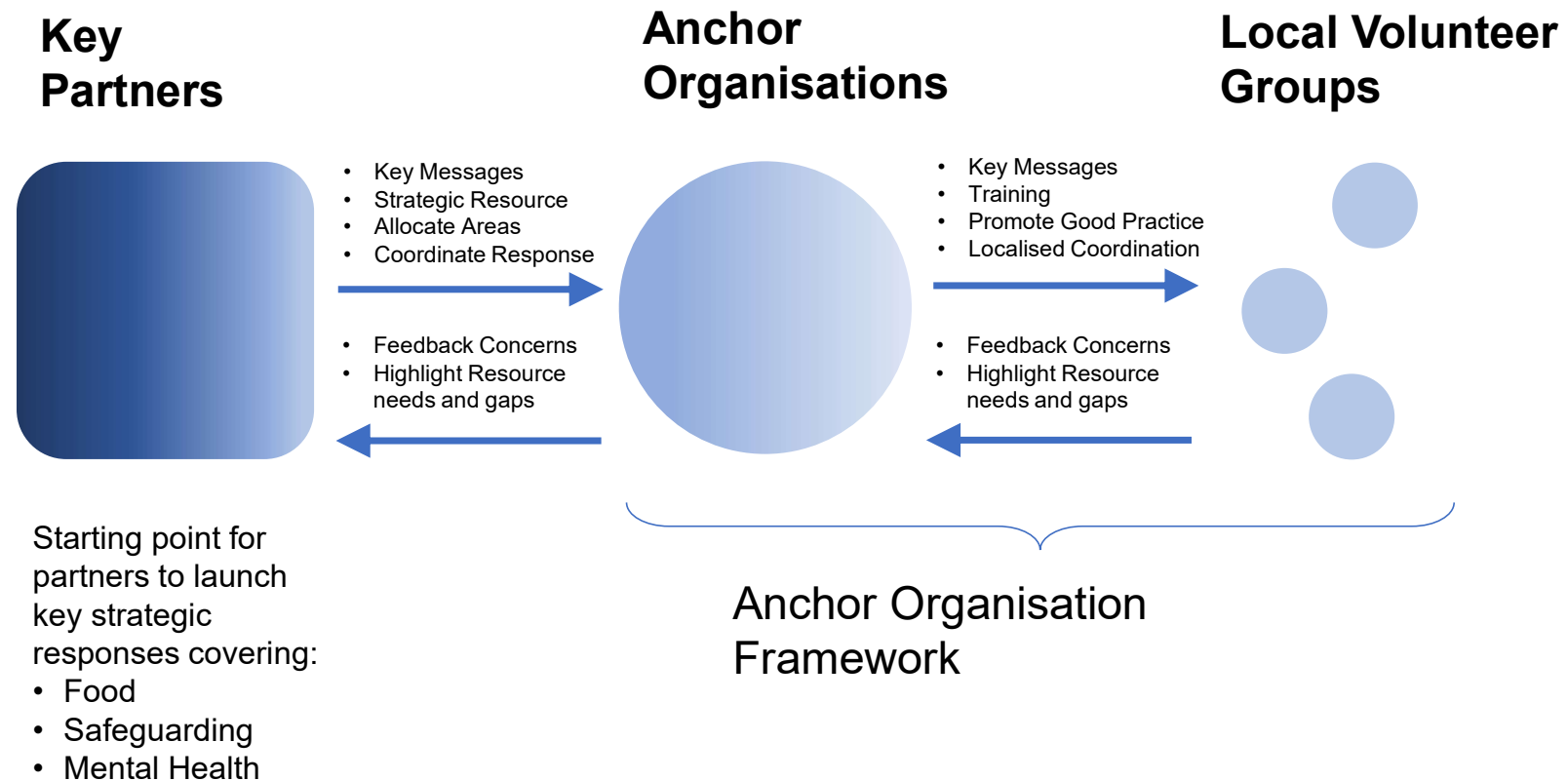
#GoodFoodCardiff



Stage 3: Building for the Future

- “Middle layer” less urgent for physical food distribution, but urgency around volunteering, safeguarding etc.
- Still long-term benefits from channelling resources and working together
- Anchor Organisations and Food Response Partners

Anchor Organisation Approach



Covid-19 and growing so far



- Mini seed growing kits
- Plant rescues



Cardiff Salad Garden: Grow and Learn at Home

Social Farms and Gardens Cymru: Growing

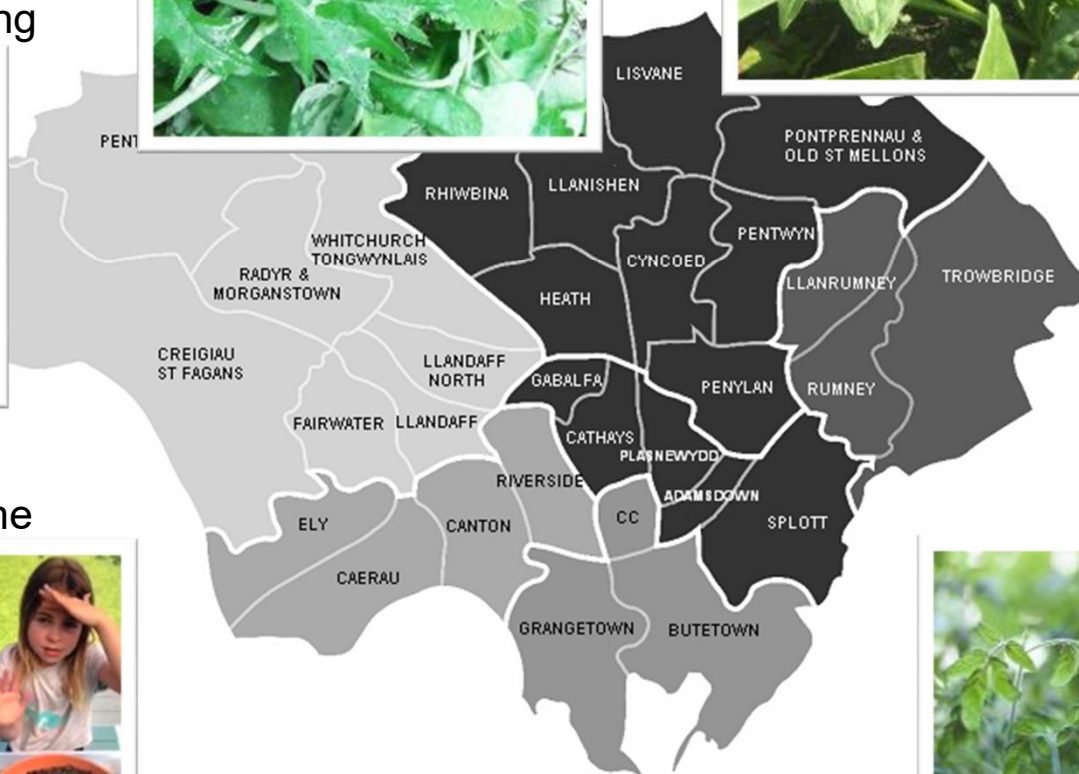


Grow Cardiff: Sow Some



Global Gardens:
Stay home, eat veg

Green Squirrel:
Stay at home, Grow your own!



What has helped

1. Having the existing networks and infrastructure to build from
2. Willingness to collaborate and speed of response
3. Ability to advocate to Welsh Government through Food Sense Wales and anti-poverty coalition
4. £ for web development and PR support
5. Remote meetings – makes a weekly response group meeting much more feasible!



Challenges

1. Crisis mode – speed of response can also be a challenge!
2. Scale of the problem and food being only one part
3. Are we tackling the root causes?

Thank you!

Thanks!

Please join us again next Wednesday – same time and place.

Let us know what you'd like to hear more about or share the work you're doing.

Email maddie@sustainweb.org or sofia@sustainweb.org

