



Cardiff Veg Cities

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Food Cardiff





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#growing
hope

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Welcome to your home

This kit contains everything you need to grow some salad or herbs on your balcony or in your garden. It's a great way to get connected and inspired to grow.

We'd love to see how you get on. Post your photos on social media with the hashtag #GrowingHope.

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You can also follow us on Twitter @FarmGardenWales or Facebook.com/farmgarden.wales

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