

GRANITE CITY GOOD FOOD

We believe that every person in Aberdeen should have access to healthy, tasty, affordable and sustainable food

SIX CHARTER GOALS:

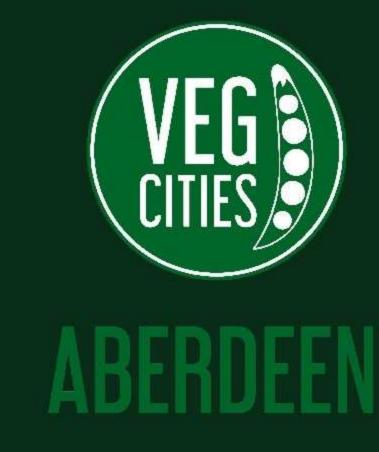
- Promote healthy and sustainable food to the public
- Build community food knowledge, skills and resources
- Transform catering and food procurement
- · Tackle food poverty and diet-related ill health
- Promote a diverse and vibrant food economy
- Reduce waste and the ecological footprint of the food system

IF YOU ARE NOURISHING AN INTEREST IN HEALTHY AND SUSTAINABLE FOOD, SIGN UP FOR OUR CHARTER



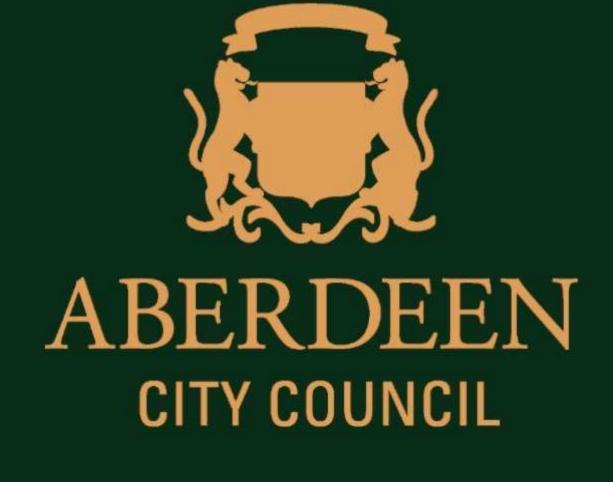












INDIVIDUALS AND ORGANISATIONS ARE MAKING A PLEDGE TO MAKE A DIFFERENCE

JOIN US TODAY

NDIVIDUALS

- Follow a healthy diet. Try to eat 5 portions of seasonal fruit & vegetable per day
- · Buy more local and seasonal produce
- Grow your own food, in an allotment or community garden
- Cook your own meals from scratch using fresh, local, sustainably sourced ingredients
- Compost, reduce food waste and recycle packaging

ORGANISATIONS

- Procure sustainable, local and responsibly sourced food
- Provide opportunities to grow food at work and within the community
- Increase access to healthy food and drinks in canteens and encourage staff to eat healthy diets including reducing sugar consumption

SIGN THE CHARTER TODAY AND PLEDGE YOUR COMMITMENT TO MAKING ABERDEEN A SUSTAINABLE FOOD CITY

Name:	
Individual/Organisation:	
Date:	





