

Why Veggie Run?

- One fifth of our five year olds have dental decay
- One in five of the borough's children start school overweight or obese
- By Year 6, one in three children are either overweight or obese





How does an app promote healthy eating and sports activities?

- Research evidences educational digital apps which are goal based helps young people to achieve the most of digital media.
- Veggie Run is just one part of a programme, that operates in conjunction with education, school menus, sports activities and prizes.





Veggie Run and partner organisations















Monday

ork Sausages with Mash Potato

Cheesy Leek Pasta una & Sweetcorn Baguette Peas Baked Beans

Cheesy Tomato Pasta Pot Broccoli Frozen Yoghurt

Tuesday Marianted Chicken Tikka with 50/50

Sticky Quom Sausage with Potato Wedges

Sweetcorn Banana Sponge with Custard

Wednesday

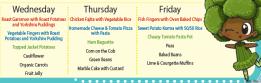
and Yorkshire Puddings Vegetable Fingers with Roast Potatoes and Yorkshire Pudding onned Jacket Potatoe

Cauliflower Organic Carrots Fruit Jelly

available daily! Week Commencing: 16/04/2018, 07/05/2018, 04/06/2018, 25/06/2018, 16/07/2018, 17/09/2018, 08/10/2018

Fruit, yoghurts.

cheese and crackers



Organic Beef Burger in a Wholemeal getable Burger in a Wholemeal Bun

with Potato Wedge Cheesy Tomato Pasta Pot Corn on the Cob

Artic Roll





Wednesday Roast Chicken Fillet with Roast Roast Quorn Fillet with Roast

stoes and Yorkshire Pudding Topped Jacket Potato

Cabbage Organic Carrots

Thursday

with 50/50 Pasta Sweetcorn

made Cheese & Tomato Pizza

Tuna & Sweetcorn Baquette

Mixed Pepper Medley Mandarin Sponge with Custard

23/04/2018, 14/05/2018, 11/06/2018, 02/07/2018, 03/09/2018. 24/09/2018, 15/10/2018

Friday d Fish Fillet with Oven Baked esy Stack Wrap with Oven Baked

Topped Jacket Potato Rakod Roans Mixed Vegetables

Strawberry & Caramel Muffin

WEEK 3

Unlimited salad & vegetables!

Week Commencing: 30/04/2018, 21/05/2018, 18/06/2018, 09/07/2018, 10/09/2018, 01/10/2018

Monday ot Dog with Potato Wedge Cheesy Tomato Pasta

Com on Cob Green Beans Pineapple Iced Smoothie

Tuesday Macampi Choose Topped Jacket Potato

Broccoli Baked Beans Vanilla Sponge with Custard

Wednesday Roast Turkey with Roast Potato and egetarian Sausage Roll with Roast

tatoes and Yorkshire Pudding Cheesy Tomato Pasta Organic Carrots White Cabbage Toffee Muffir

Thursday Breaded Chicken Bite with Potato

Thursday

Ham Baguette

Com on the Cob

Green Beans

Marble Cake with Custard

Quorn Sausage Paella Ham Baguette Sweetcorn Mixed Venetables Peach Melba Sponge with Custard

Friday Lemon Crumb Salmon Fillet with

memade Cheese & Tomato Pizza with Oven Baked Chips Topped Jacket Potato Peas Cauliflower



Join the healthy fun run Download Havering's free app to win prizes for pupils and schools



RESULTS

- School catered meal uptake increased by 14 percent
- An additional 136,363 meals purchased
- 2018 Marketing Campaign of the year at



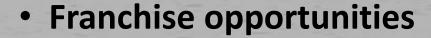
- 65% of primary and junior schools actively promote the app and campaign
- Isa, aged 9, said:
- "This game helps you understand which foods are unhealthy."

NEXT STEPS













THANK YOU



ANY QUESTIONS?







