

www.vegcities.org sofia@sustainweb.org













Aberdeen

Bournemouth

Brighton

Cambridge

Cardiff

Durham

Glasgow

Hull

Lewisham

Luton

Middlesbrough

Nottingham

Oxford

Sheffield

### Who can get involved?

Councils

Community groups

Education

Health and hospitals

Workplaces

Restaurants and catering

Retail and markets

Food growing enterprises

### Areas of action

- 1 Promote veg
- 2 Improve access to veg
- 3 Promote growing, cooking and eating
  - 4 Support local businesses
- 5 Transform catering and procurement
  - 6 Reduce waste

## 1 Promote veg

Promote veg
Good advertising
Veg competitions
Veg sessions
Veg Challenges



### 2 Improve access to veg

Improve access to those in most need

More veg out of school hours

Increase veg offer
Set up a veg stand



### 3 Growing, cooking and eating

Set up cooking classes and training

Set up network of growing spaces

Increase in land area used for growing

Increase in veg grown for sale



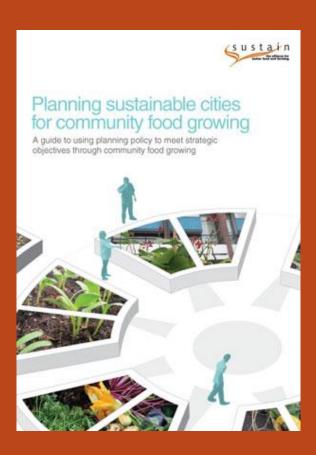
### 4 Support local businesses

Include access to food in planning

Support healthier food businesses

Increase in land used for growing





## 5

### Transforming catering and procurement

Include 2 portions of veg in every meal



### 6 Reduce waste

Educate about food waste with a focus on veg

Monitor and reduce food waste





# Get Involved The steps to become a Veg City

Step 1 – Register your interest in www.vegcities.org

Step 2 – Gather support and identify priorities

Step 3 – Make a public announcement and celebrate

Step 4 – Keep going!

Share, Share! sfc-subscribe@lists.riseup.net @FoodCities

### **Participants** Signup



ABOUT GET INVOLVED WHAT'S HAPPENING

SIGN IN



### **JOIN VEG CITIES**

### Working together for more veg

We support schools, councils, food growing enterprises, businesses and other organisations to grown, cook, sell, serve and save more vegetables. Please register below to work with us.

Alternatively if would like to coordinate a VEG CITIES campaign in your area click here to find out how you can become a VEG CITY.

 $\square$  We are a school, council, food growing enterprise, business or other organisation

involved in growing, cooking, selling, serving or saving food.	
Sector*	
	~
Organisation name*	
First name*	Last name*
Role	Contact number*
Email*	Postcode*
Password*	Confirm password*
Website	

### LET'S GET STARTED

☐ I understand that I am giving the above data to Sustain and VEG CITIES organising partners in my area and I hereby opt in to receive their communication. (Please note, we will never share your data with third parties, please see our Data privacy & cookies

policy).

### **Participants** Dashboard





ABOUT GET INVOLVED WHAT'S HAPPENING

DASHBOARD PARTICIPANT

**!** SIGN OUT

1 6

### Raddish and Co Dashboard

Action pledges



Assets



Support food waste education through roadshows, workshops and city campaigns and initiatives.

Number of people involved 66.11 people

Educate about food

waste 🗸





### Promote veg

Use marketing work, social media, healthy eating campaigns or events to promote veg.

TELL ME MORE





### Good advertising

Encourage the best and restrict the worse food adverts.

TELL ME MORE



### Increase veg offer

Increase the lines, quality and display of veg in retail, particularly in deprived areas.

TELL ME MORE



Run cooking classes



### Improve access to those in most need

Increase the uptake of Healthy Start Vouchers, Rose Vouchers or through other local initiatives.

TELL ME MORE



### Monitor and reduce food waste

Initiatives to monitor and reduce food waste with a focus on vegetables.

TELL ME MORE





### **Partners** Signup



ABOUT GET INVOLVED WHAT'S HAPPENING

SIGN IN



### **REGISTER YOUR INTEREST**

Run a VEG CITIES campaign in your area

We partner with local authorities and community groups to run campaigns across the UK. Please check these boxes to register your interest.

Alternatively, if you are taking action within your business or organisation, click here to find out how you can join VEG CITIES.

I am a local authority or a community food group working with other local partners.		
I want to organise a local VEG CITIES campaign.		
I can reach out to businesses and organisations in our area to help them increase availability and consumption of veg.		
I understand that I am giving the below data to Sustain and I hereby opt in to receive their communication on relevant topics. (Please note, we will never share your data with third parties, please see our Data privacy & cookies policy).		
rganisation name*		
rst name*	Last name*	
ole	Contact number*	
mail*	Postcode*	
issword*	Confirm password*	
ebsite		

REGISTER YOUR INTEREST

Cancel

### **Partners** Resources T&C's



ABOUT GET INVOLVED WHAT'S HAPPENING

DASHBOARD

**!** SIGN OUT

### **VEG CITIES PRINCIPLES**

To make a measureable commitment to increase the availability and consumption of vegetables.

To promote the health, environmental and economic benefits of local, sustainably grown vegetables.

To communicate your work and the VEG CITIES messages.

Our team are here to help. The assets below have information about the campaign and how to get started. Start gathering support in your local area from the public sector, businesses, community groups and organisations interested in vegetables, food or health. If you have any questions just get in touch with our team at sofia@sustainweb.org

### **VEG CITIES** Handbook

How-to-guide for campaigners wishing to start a VEG CITIES campaign in their local area

DOWNLOAD PDF (9)

### **VEG CITIES** presentation

Slides you may find useful when presenting the campaign to local partners

DOWNLOAD PPTX (9)

### Terms and Conditions

What you need to know ahead of start using the VEG CITIES name and brand

DOWNLOAD PDF (9)

### ARE YOU READY TO START?

In the following steps we will ask you for some more details about your organisation, and your logo. Whoever is leading the local campaign we recommend you get the involvement of the local authority to increase the effectiveness of your campaign.

☐ I have read and agree to the Partner terms and conditions.

YES, LET'S GET STARTED

# Partners Upload logo



## Partners Dashboard

