



SUSTAINABLE FOOD CITIES - OPEN FOOD NETWORK

Building sustainable online food distribution systems

21st February 2-3.30pm

- 2.00-2.10 Alizee Marceau Welcome and introduction to Sustainable Food Cities
- 2.10-2.20 Nick Weir Introduction and demonstration of Open Food Network
- 2.20-2.30 Sara Rock Tamar Valley Food Hub
- 2.30-2.40 **Kay Johnson** Preston food hubs
- 2.40-2.50 **Hannah Fenton** Good Food Oxford food enterprises
- 2.50-2.55 **Nick Weir** OFN set up support

3.55-3.30 Q&A



Currently 47 Sustainable Food Cities Network members



www.sustainablefoodcities.org

SUSTAINABLE FOOD cities



The Sustainable Food Cities approach is about...

- Creating a city-wide **cross-sector partnership** of public agencies (health, environment, economy), businesses, NGOs, community organisations and academic bodies.
- Developing a **joint vision** and **common goals** on how healthy and sustainable food can become a defining characteristic of their city.
- Develop and implementing an **action plan** that leads to significant measurable improvements in all aspects of food, health and sustainability.

"It is about completely re-imagining, and ultimately reshaping, a city (or town, borough, district, county) through the lens of good food"



Six key issues:

- 1. Promoting healthy and sustainable food to the public.
- 2. Tackling food poverty and increasing access to affordable healthy food.
- 3. Building community food knowledge, skills, resources and projects.
- 4. Promoting a vibrant and diverse sustainable food economy.
- 5. Transforming catering and food procurement.
- 6. Reducing waste and the ecological footprint of the food system.

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Key issue 2: Tackling food poverty, diet-related ill health and access to affordable healthy food

Example of city initiatives:

6. Promote Healthy Start, free school meals and social food provision

Carlisle's Fair Meals Direct is an innovative service working to get 'hearty, healthy, locally-produced food' to some of Carlisle's most vulnerable people.

Exeter's <u>Make Lunch</u> kitchens provide free, healthy, cooked food during the holidays for pupils who usually receive free school meals.

Food Cardiff piloted 'Food and Fun', a school holiday enrichment programme providing nutritious food and fun activities for children during the holidays.

Example of resources:

6. Promote Healthy Start, free school meals and social food provision

The APPG on School Food's Holiday Hunger Task Group published the <u>Filling The</u> <u>Holiday Gap Update Report 2015</u> outlining holiday provision activity in the UK and making further recommendations as to how central and devolved government could support future activities.

Brighton and Hove have produced a handy 'how to' <u>booklet on breakfast clubs</u>, listing practical ideas based on findings from local research. They have also produced '<u>Eatin</u> <u>Together</u>' a study to understand the role of shared meals in reducing longer-term or 'chronic' food poverty.

Casserole Club helps people share extra portions of home-cooked food with others in their area who are not always able to cook for themselves.

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The Awards structure...

... is designed to recognise and celebrate the success of those places taking a joined up, holistic approach to food and that are achieving significant positive change on a range of key food issues.

