



## Explanation

Leapfrog have described the **Food Stories Toolbox** as 'Flexible ways to capture and tell stories about food and food poverty'.

The Tools for Food Stories toolbox was co-designed by individuals with lived experience and food activists working with Leapfrog, a research project based at Lancaster University. The tools provide flexible ways of capturing and telling stories about food and food poverty.

The tools are available for free from [www.leapfrog.tools](http://www.leapfrog.tools) and license with Creative Commons so anyone can edit and adapt the tools for their own needs.

The Toolbox is included in the SFP Toolkit as an extremely valuable resource that partnerships should consider using when engaging with people around issues related to food. The tools are geared towards exploring peoples' experiences of food poverty, but the processes and tools could be adapted for use to explore other food-related topics and issues.

The tools were developed in partnership with Sustain's **Food Power** programme and were particularly useful in bringing together groups of people who shared similar experiences of food poverty. The tools helped to identify groups and individuals in different communities around the UK who have been able to contribute to dialogue on food access and have contributed directly to the development of strategies and projects to address the issues.

### About Leapfrog (extracted from Leapfrog's website)

*Leapfrog - transforming public sector consultation by design - is a £1.2 million 3 year Arts and Humanities Research Council funded project. The Leapfrog project (is) a close collaboration with public sector and community partners to design and evaluate new approaches to consultation.*

*Leapfrog is a research project with very practical outcomes; tools and toolboxes that anyone can use to do more creative and engaging consultation.*

*Leapfrog's tools are not prescriptive formulas or processes, but instead effective ways to do more with less time, transforming activities and workshops to make them better. Our toolboxes are collections of related tools that go together well, but we are just as interested how people appropriate and modify our tools in ways we could never predict.*

## Introduction

- SFP Phase 3 will explore how the processes and tools in the **Leapfrog Food Stories Toolbox** could be used to increase the participation of people from different communities in SFP partnerships.
- This experience will be used to develop guides and adapted tools and methods which will then be added to this resource.